

PSHE Year 1 Overview

	Autumn 1	Autum2	Spring 1	Spring 2	Summer 1	Summer 2
Seal Theme	New Beginnings	Getting on and Falling Out/ Say No to Bullying	Going for Goals	Good to be Me	Relationships	Changes
PSHE Theme	Classroom Rules My school rules and ethos	Identity and different groups Friendships and special people	Rights and responsibilities Keeping Safe	Me and My Culture	Keeping safe and personal safety People who help us in the community	Emotional Health Sex and Relationships education
Learning Intention	<ul style="list-style-type: none"> - Devising a class charter - Getting to know each other - Being a good friend - Happy playtimes - Making positive choices 	<ul style="list-style-type: none"> - Identifying the various groups children belong to - Special people in our lives - Making and keeping friends - Managing anger - Anti-bullying 	<ul style="list-style-type: none"> - Identifying my own goals for the future - What does being responsible mean? - Problem solving - Staying safe in and outside of the home 	<ul style="list-style-type: none"> - Finding my gifts and talents - Looking at what is the same and different in other children's lives - Our likes and dislikes - Recognizing worries - Standing up for myself 	<ul style="list-style-type: none"> -Special people in our lives (review) -Dealing with worries and who to ask for help from - Managing uncomfortable feelings and how to say no - Medicines and safety 	<ul style="list-style-type: none"> -What changes are happening in school this term? -Different types of loss -Expressing our feelings -Our bodies and keeping clean -Changes from babies to adults

PSHE Year 2 Overview

	Autumn 1	Autum2	Spring 1	Spring 2	Summer 1	Summer 2
Seal Theme	New Beginnings	Getting on and Falling Out/ Say No to Bullying	Going for Goals	Good to be Me	Relationships	Changes
PSHE Theme	Classroom Rules Healthy Eating	Friendships People who help us	Rights and responsibilities Local environment	Emotional Health Keeping Safe	Families Medicines	Life Cycles SRE
Learning Intention	<ul style="list-style-type: none"> -Devising a class charter -Getting to know each other -Where does the food we eat come from? -Healthy choices at school and home 	<ul style="list-style-type: none"> - What makes a friend? -What happens when friendships go wrong? - What is bullying? -Who can help us when we need to talk? -Personal safety check list 	<ul style="list-style-type: none"> -Setting our own personal goals -What do I want to be in the future? - What is money and how do we keep it safe? -What do I want and what do I need? -How to keep our local environment safe 	<ul style="list-style-type: none"> -What do I like about myself? -What are feelings? -Coping with emotions -Dealing with different situations -Safety at home, at school and outside -Fire safety 	<ul style="list-style-type: none"> -Different types of families -Who can I trust? -Looking after myself -How to stay healthy -The role of medicines -What happens to our bodies when we take medicines? 	<ul style="list-style-type: none"> -What does change mean? -Life cycles -Differences between animals and humans -Differences between boys and girls -Naming the body parts -Getting ready for next year

PSHE Overview Year 3

	Autumn 1	Autum2	Spring 1	Spring 2	Summer 1	Summer 2
Seal Theme	New Beginnings	Getting on and Falling Out/ Say No to Bullying	Going for Goals	Good to be Me	Relationships	Changes
PSHE Theme	Classroom rules School Roles	Keeping Safe	Road Safety Rights and Responsibilities	Looking after myself Children's rights	Friendships Emotional Health	SRE Medicine and drugs
Learning Intention	-Devising a class charter -What are our gifts and talents -Working cooperatively in class -Happy playtimes -How do the children and adults in school work together?	-The importance of friends -Falling out -Managing anger and other feelings -Anti-bullying -Personal Safety -Who to talk to if I need help	-Setting our own personal goals -How will I know when I am successful -How can I make good choices -How can I keep safe on the roads -How can I help others?	-Similarities and differences -Feeling good about myself -How can I stay healthy -How can I stay happy -What are my rights as a child?	-Special people in our lives -People who help us all around -Making good choices -Dealing with uncomfortable feelings - loss -Supporting one another	-Changes this term -Differences between males and females -Personal space and good and bad touches -Different families -The difference between drugs and medicines -Alternatives medicines

PSHE Overview Year 4

	Autumn 1	Autum2	Spring 1	Spring 2	Summer 1	Summer 2
Seal Theme	New Beginnings	Getting on and Falling Out/ Say No to Bullying	Going for Goals	Good to be Me	Relationships	Changes
PSHE Theme	Classroom Rules Looking after myself	Identity Smoking	Making decisions People who help us	Identity Traditions	Families Keeping Safe	SRE
Learning Intention	-Devising a class charter -Understanding rules and laws -Understanding school and the different roles of staff and pupils -What influences my choices? -How to stay healthy	-The groups I belong to -How does it feel to be included/excluded -Friendships -Peer pressure -Risks of smoking	-Setting my own personal goals -Taking responsibility for actions and decision making -Good and bad choices relating to health -People who help us	-Similarities and differences -Recognising and challenging prejudice -Gender stereotypes -Learning about different traditions and cultures	-the role of families -different family set ups -Identifying risk -Making good choices -Risks in and outside of school and home	-Transitions and changes in school -Human lifecycle from birth to death -Body changes and reproduction -Puberty -Getting ready for next year

PSHE Overview Year 5

	Autumn 1	Autum2	Spring 1	Spring 2	Summer 1	Summer 2
Seal Theme	New Beginnings	Getting on and Falling Out/ Say No to Bullying	Going for Goals	Good to be Me		Changes
PSHE Theme	Making a difference Local democratic processes	Keeping Safe Making a difference	Looking after money Keeping safe	Rights and responsibilities Difficult times		SRE Drug use
Learning Intention	-Devising a class charter -Working as a team -Happy playtimes -Having a voice in school and in the wider community -Consequences of crime	-Different types of friends -Conflict resolution -anti-bullying -combatting racism -dealing with pressure	-Setting goals for the future -spending, saving and budgeting -taking risks -personal safety	-exploring our gifts and talents -agreeing and disagreeing with others -Media and its influences -resolving friendship issues		-Transitions, beginning and endings -emotional and physical changes in Puberty -Personal hygiene -Drugs and the law

PSHE Overview Year 6

	Autumn 1	Autum2	Spring 1	Spring 2	Summer 1	Summer 2
Seal Theme	New Beginnings	Getting on and Falling Out/ Say No to Bullying	Going for Goals	Good to be Me	Relationships	Changes
PSHE Theme	Looking after myself The local environment	Moral dilemmas Exploring violence	Drug Use Keeping Safe	Emotional Health Stress Management	Families Challenging stereo types	SRE
Learning Intention	-Classroom charter -Understanding democracy -Environmental awareness and responsibility -Climate change -Sustainability issues	-Friendships and dilemmas - Dealing with pressure -Why do people resort to violence? -Physical and emotional effects of violence -Identifying risks and personal safety	-Setting my own personal goals -Legal and illegal drugs -risks of smoking -risks of alcohol -Making healthy choices -First aid steps in an emergency	-Finding my strengths -Body image -How to deal with different emotions -Stress and it effects -Strategies to help my resilience	-Family and my identity -Different types of relationships -Stereotyping and judgements -Put downs and dealing with conflict -Ending friendships -Forgiveness	-Transitions, beginnings and endings -Puberty -Conception and pregnancy -relationships and reproduction